

# Gift Guide

for people with allergies  
and chronic conditions

(everything has clickable links btw)

**Home and  
Everyday**

WEIGHTED  
BLANKET



KINDLE



NINJA CREAMI  
ICE CREAM MAKER



LUNCH BOX AND GEL  
ICE PACKS



WATER BOTTLE



HOT FOOD  
CONTAINER



LEGO  
BOTANICALS

**Health**



CUSTOMIZED PILL ORGANIZER



AIR PURIFIER



ATHLETIC  
COMPRESSION  
SOCKS



FUN  
COMPRESSION  
SOCKS



EYE  
MASSAGER

# **Fashion and Beauty**



GIFT CARD TO  
THEIR FAVORITE  
BRAND



SKINCARE TOOLS

**Other**



FAVORITE FOOD



FAVORITE FOOD GIFT BOX

APP SUBSCRIPTION  
(HEADSPACE,  
DUOLINGO, GUAVA  
HEALTH)



SOMETHING  
THEY USE  
REGULARLY